

A NOTE FROM THE COORDINATORS

We hope you will join us for a fun-filled week of unforgettable skiing at one of the world's premier ski resorts, a week devoted first and foremost to expanding your skiing horizons with real breakthroughs—a ski week that really delivers!

Lavelle Saier & Mike Romanus
Program Coordinators

All photos: Burnham Arndt

A NOTE FROM LITO TEJADA-FLORES

Let me take a moment to tell you that Mike and Lavelle and their team of pros and coaches are not just good friends; they are also—collectively and individually—the finest, most dedicated, caring and creative ski teachers I ever had the privilege of working with. This program is the result of years of exciting instruction and experimentation. Creating *Breakthrough on Skis* was a team effort, and this is a ski-coaching team without equal. I am confident that these weeks are the best ski lessons offered anywhere this winter.

Good skiing,
Lito Tejada-Flores

Ski & Snowboard Schools of Aspen/Snowmass
Aspen Skiing Company
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BREAKTHROUGH ON SKIS



ASPEN/SNOWMASS 2009-2010

Panel Size = 3.875"

Panel Size = 4.0625"

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Experience the only intensive week-long ski course based on Lito Tejada-Flores' best-selling book, DVDs and videos. *Breakthrough on Skis*, the shortest route to expert skiing, is designed with one goal—to take you from the intermediate plateau into the world of expert skiing... and beyond.

Breakthrough on Skis is entering its 15th season and has evolved into an Aspen/Snowmass tradition, bringing participants back year after year. We welcome and encourage you to join us for *Breakthrough on Skis*, a great week of skiing, coaching and just plain fun.

WHY THE PROGRAM WORKS

These ski weeks are so successful because you, our participants, make such a commitment of time and enthusiasm, both to skiing and to yourselves. With five full days of coaching, you will build new muscle memory and change those habits that have prevented progress in your skiing. In five days, everything can change!

The simple approach Lito developed and refined simply works. *Breakthrough on Skis* is not "business-as-usual" ski instruction. Instead it breaks down expert skiing into a few key elements—not dozens of "techy" details or new fads. These key elements are moves you can master and enjoy for years to come.

The physical demands of skiing multiple days at high altitude in different types of terrain are more easily met with proper conditioning. Being in good physical condition before starting the program will add even more to your success.

So if you are really ambitious about your skiing—and eventually would like to feel at home in all terrain, including bumps, double-black-diamond slopes and powder—this is the course for you. With four fabulous mountains and varied terrain to use, we have room to practice, room to move and room to ski.

THE PROGRAM

Five full days of coaching, 9 a.m.-3:30 p.m., starting on Sunday, with Wednesday off, and ending with a Friday night banquet

Program Notes

- Sunday, 8:30 a.m.—Organizational meeting with the coaches at the Stonebridge Inn. Lift and lesson tickets will be handed out at this meeting. At 9 a.m., we adjourn to the slopes of Snowmass where groups of similar ability will be formed (averaging five participants per group).
- Sunday, Monday & Tuesday, 4:30 p.m.—Après ski and fun, informative lectures. Please plan to attend these lectures as they are an important part of the program.
- Wednesday—Freeskiing day on your own.
- Friday, 6 p.m.—Our famous wrap-up banquet at the Stonebridge Inn.

The success of this program is also due to the quality of the teaching pros, all personally trained and selected by Lito himself. Having worked with Lito from six to ten years, our coaches have a deep understanding of his method of transforming intermediate skiers into real experts.

SNOWMASS, OUR HOME BASE

The Stonebridge Inn serves as our home base. With a great slopeside location and many amenities, including direct access to buses to the other ski areas and downtown Aspen, the Stonebridge is a great place to stay and offers a discount on rooms to participants in the *Breakthrough* program. All meetings and the banquet will be held at the Stonebridge.

For information on room rates, please call toll free 800-922-7242. Be sure to mention *Breakthrough on Skis* and **call before July 15, 2009 for the best rates.**



On top of Aspen Mountain, ready to ski

COST

The five-day course cost of \$1,600 includes all instruction, a six-day lift ticket, après-ski lectures and the banquet. If you arrive early or would like to stay longer, an extended lift rate is available.

DATES

December 6-11, 2009 (Levels 4 & up with a focus on levels 4 & 5, no bumps)
January 10-15, 2010
January 17-22, 2010
January 24-29, 2010
January 31-February 5, 2010

BREAKTHROUGH ON SKIS RESERVATIONS

Please call Aspen Skiing Company toll free at 877-282-7736. You may also email any questions or concerns directly to the program coordinators:
Lavelle Saier at ocean-eyes@msn.com or
Mike Romanus at rom@rof.net.

The popular *Breakthrough on Skis* is often sold out before the first session. Sessions are limited to 35 participants per week, so register early to ensure your spot for the best ski week of the winter!

PROGRAM CANCELLATION POLICY

A 100% refund will be issued for program cancellations 14 days or more before the scheduled session start date; an 80% refund will be issued for cancellations less than 14 days before the scheduled session start date. Lodging has a separate booking and cancellation policy.

NEW THIS SEASON!

Radio frequency gate cards will be issued to all guests starting this year. These cards will allow faster access to the lifts and hands-free scanning. Please note there will be a refundable \$5 per ticket for the RF card. Guests can return the card on their last day of skiing for a complete refund or keep it as a souvenir. *Breakthrough on Skis* participants from 08/09 who purchased the \$5 gate card may reload the ticket for 09/10 and will not have to pay the \$5 deposit.

CHECK OUT LITO'S NEW BOOK!

Lito's latest book, *This is Skiing*, is classic collection of his very best essays and poems, and is accompanied by stunning examples of timeless ski photography. To order simply visit www.breakthroughonskis.com.

ASPEN  **SNOWMASS**